Vancouver metro

Your essential daily news | TUESDAY, MAY 9, 2017 | High 15°C/Low 10°C Sun and cloud

BREAK-UP BOOTCAMP
A safe haven for the recently brokenhearted
metroLIFE

BCVotes 2017

GET OUT AND VOTE

It's decision day B.C. — help shape the future of our province metroNEWS

WHERE AND WHEN TO VOTE	DID YOU KNOW?	WHAT ID DO I NEED TO BRING?
Voting stations are open from 8 a.m. to 8 p.m. You can cast your ballot at any voting station in B.C. Find your closest voting station at elections.bc.ca	Employers are legally obliged to give employees at least four consecutive hours free from work on voting day	One piece of photo ID **OR** Two pieces of ID including one that includes your address **OR** Have someone vouch for your identity at the voting station

NISSAN
Innovation that excites
MAY 9TH - 13TH ONLY
NISSAN FACTORY APPROVED 5 DAY SALE
FOR 5 DAYS ONLY
GET AN ADDITIONAL
$500+ 5 DAY BONUS CASH
PLUS GET A
$500 GAS CARD
ON SELECT 2017 NISSAN SUVS
HURRY!
OFFERS END SATURDAY
CALL 604-291-7261 4450 • STILL CREEK DRIVE • BURNABY • MORREYNISSAN.COM
morrey NISSAN of BURNABY

11th hour push for votes

BC Votes 2017

Mobilization critical as close race to be won 'on the ground'

David P. Ball
Metro | Vancouver

"This election is going to be close," B.C. Liberal campaign director Laura Miller warned her party's supporters in an email. "No pressure or anything."

As the election enters its final day, parties are in an 11th-hour push to get their supporters to vote.

The B.C. NDP, too, are focusing on getting their people to turn out, and their website prominently promotes "Make a Vote Plan" — collecting pledges and postal codes to encourage them to follow through.

Having voters visualize how they'll actually get to the booth is based on the latest research, explained Kai Nagata with the Dogwood Initiative, a registered third-party advertiser this election.

The organization printed fliers of U.S. President Donald Trump with, "Bad things happen when people don't vote."

Telling people who to vote for, or not, is less helpful than reducing everyone's mental barriers to voting.

"We've got hundreds of volunteers making phone calls to help people make a voting plan," he said. "That exercise — of thinking about, 'Am I going to take the bus, am I going to drive or walk? Do I know where my polling station is? Do I have my ID?' — has been shown to increase voter turnout by up to 10 points."

Handbills by B.C. advocacy group Dogwood Initiative — a registered third-party advertiser in Tuesday's B.C. election — have been distributed across the province hoping to boost voter turnout. COURTESY DOGWOOD INITIATIVE

This year, Election's B.C.'s website offers the new map-based feature, but also easily findable links to candidates' profiles, how to vote, and even a feature where voters can add a tag to their social media profile picture saying, "I vote, do you?" And the agency printed large wall posters for polling stations inviting selfies using the hashtag, "#IVoteBC."

> **We've got hundreds of volunteers making phone calls to help people make a voting plan.**
> Dogwood Initiative's Kai Nagata

Each party of course has its own election-day "Get Out the Vote" efforts, aimed at the supporters they've identified through a month of door-knocking and phoning.

"We need thousands of volunteers out on Election Day," the NDP advised.

If there's one idea that the parties might agree on, it's that the main thing supporters can do is spread the word (once they've cast their ballot, of course) through social media.

"Turn at least five friends, family members, or colleagues out to vote," Miller said. "Tuesday will be won — or lost — on the ground."

NY Times suing B.C. society

In investigative journalism, when the going gets tough, the tough go to B.C. Supreme Court?

That's the case with The New York Times, which is suing an agency B.C. created to attract businesses from outside the province, Metro has learned.

AdvantageBC, a non-profit society headed by former B.C. Liberal finance minister Colin Hansen, is under scrutiny for what the Times estimated are at least $140 million in tax refunds doled out since 2008 by the province to members, some of which remain secret.

According to documents filed in B.C. Supreme Court, the newspaper called AdvantageBC a "secretive tax-incentive program."

The Times' lawyer, Vancouver-based Neil Chantler, wants a judge to order the society to hand over "financial statements" and "any auditor's report on those statements for the last complete fiscal year of the Society," and salaries of directors and contractors.

According to the filing, Hansen initially declined the Times' request "on the basis that AdvantageBC was allegedly a 'member-funded' society."

But Chantler disagreed, citing a March 31 B.C. Registrar of Societies ruling declaring "it had failed to comply with the Societies Act by failing to provide the records," the lawsuit alleged.

Last week, Hansen told Metro AdvantageBC was transparent with its info but financial details of its members' tax refunds were protected by privacy laws.

At the time of publication, the organization had not filed a statement of defence.

DAVID P. BALL/METRO

metro NEWS

Your essential daily news

Officials watch for signs of danger in nation's ongoing flooding situation. **Canada**

Contenders neck-and-neck

BC *Votes* 2017

Pollster says party support has see-sawed

David P. Ball
Metro | Vancouver

It's been arguably the most vicious election campaign in British Columbia's recent memory. Over the past month, B.C. Liberals, New Democrats and Greens have duked it out with attack ads, personal jabs and testy debates.

The campaign hasn't been without substance: It's also brought some big issues to the fore, such as jobs, affordability, the environment and the role of "big money" in politics.

Tuesday is election day across B.C., and voting is open from 8 a.m. to 8 p.m.

If the latest opinion polls are any indication, the race has ended with John Horgan's B.C. NDP neck-and-neck with Christy Clark's B.C. Liberals.

"The race has been very close," said Forum Research president Lorne Bozinoff in a phone interview.

"Over the last week, the two parties have been see-sawing back and forth. But when you take the margin of error into consideration, we've seen the parties essentially tied.... The polls have tightened up to nearly dead even."

In 2013, pollsters didn't foresee the frontrunner B.C. NDP being trounced by the B.C. Liberals. Forum Research came closest of the various polls then, but it led to much hand-wringing about whether to trust pollsters at all.

"It's a mugs game to try to figure out which one poll is more accurate than another," Bozinoff mused. "We'll of course know after the election, but not before.

"I wouldn't worry about any one particular poll. I'd take them all together and average them for a better indication."

One reason pollsters were so wrong last time, he said, was because of a last-minute shift in the electorate away from the NDP.

"Some polls may have stopped too early to catch the change. That was one of the lessons from the previous election and the accuracy of the polls then," he said.

"Something can happen in the last day or two, and we want to get that reaction. You want to make sure no intervening events happen between your survey and election day."

Charlene Phung votes with nine-month-old Matteo Phung-Jones at the advance poll at Creekside Community Centre on May 4. JENNIFER GAUTHIER/METRO

Key moments on the campaign trail

JEN ST. DENIS METRO

Don't touch me — In the middle of a testy interaction during the first leaders' debate on April 21, B.C. Liberal Leader Christy Clark put her hand on B.C. NDP Leader John Horgan's arm and said, "Calm down, John." He snapped back, "Don't touch me." The Liberals ran with the interaction, painting Horgan as an angry man who doesn't have the temperament to govern.

Trump's softwood stance — On April 24, U.S. President Donald Trump ramped up his anti-free-trade rhetoric, announcing tariffs of up to 20 per cent on Canadian lumber. The trade action became a B.C. campaign issue, with Clark highlighting her government's track record in resolving a previous dispute.

DARRYL DYCK/THE CANADIAN PRESS

Donor vs. donor — The B.C. Liberals, who have faced damaging allegations of political donation irregularities and calls to reform B.C.'s lax regulations, attempt to turn the tables on the NDP by calling attention to the largest single donation in B.C. history: $672,576 from the Steelworkers union. Nevertheless, the Liberals took in twice as much in donations ($13.1 million) than the NDP ($6.2 million) in 2016.

Green surge — Following the only televised leaders' debate of the campaign, Green Leader Andrew Weaver surged in the polls, reaching a historic high of 24 per cent support.

#IamLinda — It was just seven seconds of video, but it had a big impact. Christy Clark was shown abruptly cutting off and marching away from a woman — Linda Higgins — who had tried to speak to Clark about her concerns. The hashtag #IamLinda spiked, while an attempt by some Liberal campaign staff to smear Higgins as an NDP "plant" backfired when reporters debunked the claim.

New York Times effect — Back in January, the New York Times took a look at just how lenient political donation rules are in B.C. In contrast to most other jurisdictions, corporations, unions and foreign entities can donate any amount. With just days to go before the election, the high-profile publication took aim at a little-known and "opaque" tax break for foreign businesses that was expanded under the BC Liberals' watch.

Our Education Assistant program is available IN-CLASS or ONLINE. Our "online" programs are delivered in a combined delivery format: Guided online learning combined with site-based elements for orientation, lab/skills-based instruction and work experience placements.

EDUCATION ASSISTANT Diploma Program

As an Education Assistant you'll assist elementary and secondary school teachers as they work with students who may require additional support for academic, ESL, behavioural and special needs.

- Become an Education Assistant in just 40 weeks including 8 week practicum
- Earn up to $27.44/hour to start
- Training & Certification from the **Provincial Outreach Program for Autism and Related Disorders (POPARD)** including Introduction to Autism Spectrum Disorders & Introduction to Applied Behaviour Analysis

STENBERG COLLEGE 604-580-2772 • stenbergcollege.com

Flood threat remains

WEATHER

Thompson, Okanagan get evac orders, advisories

Jen St. Denis
Metro | Vancouver

Officials continue to keep an eye on a dangerous flooding situation in southcentral B.C.

"For the moment we've seen a bit of a reprieve with weather conditions," said David Campbell, director of B.C.'s River Forecast Centre.

"We're looking out to later in the week where we might see another round of some more thundershower weather into Thursday that could cause problems."

This weekend several communities in the Thompson Nicola and Okanagan were put under evacuation orders or advisories. The floods are presumed to have claimed two lives: Cache Creek's fire chief, Clayton Cassidy, went missing after checking on the water level of the village, while a 76-year-old man who lived in Tappen, B.C., is presumed dead after a mudslide swept over his home.

Residents make their way through the flooded streets of Laval, Que., on Monday. RYAN REMIORZ/THE CANADIAN PRESS

Both searches have now been changed to recovery efforts.

In the Thompson Nicola Regional District, evacuation orders are still in effect for several properties at Cherry Creek near Kamloops. Evacuation alerts are in effect for more properties near Mill Creek and Guichon Creek, said information officer Debbie Sells.

It's a similar situation for the Central Okanagan Regional District, where conditions have stabilized but creek levels remain high, said Jason Luciw, information officer with the district. An evacuation order remains in effect for Okanagan Indian Band No. 7.

Weather conditions have combined to create a perfect storm for a very high spring run-off season, which normally reaches its peak from May to mid-June, said Campbell.

April was both colder and wetter than normal, while after a very snowy winter, snowpacks across the Thompson, Okanagan and Kootenays are between 68 and 114 per cent above normal.

A blast of warmer temperatures last week, followed by heavy rain, set the stage for mountain creeks to swell with run-off. In some cases, water-saturated ground on B.C.'s steep slopes has also triggered landslides or debris flows.

EFFORTS

- More than 1,500 soldiers hit the ground Monday to help Quebecers deal with "historic" flooding.
- Flood waters in Gatineau, Que., were rising relentlessly and the military was stepping up sandbagging operations in the community.

TRUMP TRAVEL BAN

'Unprecedented order' gets another day in court

A challenge to President Donald Trump's revised travel ban appears to hinge on whether a federal appeals court agrees that the Republican's past anti-Muslim statements can be used against him.

The 4th U.S. Circuit Court of Appeals wrestled Monday with whether the court should look beyond the text of the executive order to comments made by Trump and his aides on the campaign trail and after his election in order to determine whether the policy illegally targets Muslims.

"That's the most important issue in the whole case," said Judge Robert B. King, who was appointed to the court by President Bill Clinton.

The panel of 13 judges peppered both sides with tough questions but gave few clues as to how they might rule.

The judges did not immediately issue a decision on Monday.

THE ASSOCIATED PRESS

Macron aiming to be more presidential

France's newly elected president has started taking on his new role, working on the attitude expected of a statesman — a new world for a man with little political experience.

Moments after his victory on Sunday, Emmanuel Macron, 39, slowly walked to the stage in the courtyard of the Louvre Museum in Paris, progressively appearing in the light to the sound of the European anthem Ode to Joy — a very symbolic moment before the crowd of supporters roared.

On Monday morning he appeared side-by-side with outgoing president Francois Hollande at a commemoration of the end of Second World War.

THE ASSOCIATED PRESS

CALLING ALL MODELS!!!
Have you ever wanted: Eyebrow Microblading, Eyeliner, Lips, Corrections, Areola Repigmentation, Scar Relaxation & Camouflage, Plus needling for Wrinkles and Acne Scars?
Then why not take advantage of Biotouch Canada's "MODEL'S DISCOUNT"!
Biotouch holds classes regularly, and we need models to perform the procedures/treatments listed above. So if you've ever wanted any of these done, then apply to be a model and SAVE! Be the Master Instructor's model, and save a whopping 50% OFF your treatment! OR be a model for one of the students, and receive your ENTIRE treatment for ONLY $50!!!
BIOTOUCH CANADA'S MODEL'S DISCOUNT...
A GREAT WAY FOR PERMANENT SAVINGS!
Suite 1108 - 750 W. Broadway, Vancouver
604.873.3636
biotouchcanada.com

metro | Service Directory
To advertise call 604.602.1002
SPIRITUALIST
INDIAN ASTROLOGER & SPIRITUALIST HEALER AND PSYCHIC
WORLD FAMOUS ASTROLOGER & FUTURE TELLER
Pandit : SEETHA RAM
MOST POWERFUL SPIRITUALIST FROM INDIA
KNOW YOUR PAST , PRESENT & FUTURE PALM READING
FACE READING- HOROSCOPE
PASSED FROM GENERATION TO GENERATION
ARE YOU SUFFERING FROM ANY OF THESE?
Family
Business
Job
Court
Foreign
Sickness
Relationships
Education
Children
Depression
Marriage
Property
Promotion
Divorce
Sexual Problems
Love
Money
SPECIALIST IN BRINGING LOVED ONES BACK
100% REMOVAL WITCHCRAFT , BLACK MAGIC AND EVIL THINGS PERMANENTLY 100% RESULT
GIVE LIFE LONG PROTECTION ALL READINGS ARE PRIVATE & CONFIDENTIAL
604-765-1909 8533, 122 St surrey BC
SRI LAXMI MATHA ASTROLOGY & PSYCHIC CENTRE
India's No# 1 Spiritual Healer & Fortune Teller
PANDIT-VISHNU NARAYAN
SKILLED IN PALM -FACE - PHOTO - DATE OF BIRTH READING
OVER 25 YEARS OF EXPERIENCE
I SPECIALIZE IN BRINGING LOVED ONES BACK
SPECIAL PRAYERS FOR FULL MOON & DARK MOON
OPEN 7 DAYS I WILL SUCCEED IN ALL UNFINISHED WORKS
DON'T BE PART OF THE PROBLEM, BE PART OF THE SOLUTION
Performs very powerful prayers to shake away darkness and remove Black Magic, Jadoo, Vodoo & gives Lifelong Protection
Call: 778-237-4967
86 Ave., 120 Scott Road, Delta BC

NATIONAL DIGEST

Criminal 'kosher' cheese charges a first

For the first time in Canada, the Canadian Food Inspection Agency has laid criminal charges against a businessman and his company for allegedly trying to pass off run-of-the-mill food as kosher.

The agency charged Creation Foods with sending cheese described as "kosher" to Jewish summer camps in 2015. The agency alleges forged documents were created to make it seem like the cheese adhered to Jewish dietary laws.

TORSTAR NEWS SERVICE

Sajjan still in hot seat

The Senate defence committee released a report Monday blasting the Trudeau government's "political decision" to purchase Super Hornet fighter jets, while all but endorsing the F-35 stealth fighter.

The report came as the Conservatives used one of their opposition days in the House of Commons to focus speeches on Defence Minister Harjit Sajjan's credibility, a debate which will culminate in a largely symbolic vote on Tuesday. Sajjan has faced days of verbal fire for exaggerating his role in a key battle involving the Canadian Forces. THE CANADIAN PRESS

metro CITIES
Your essential urban intelligence

PHILOSOPHER CAT by Jason Logan

BLUEPRINT by Sarah-Joyce Battersby and David Hains/Metro

A 'bunch' of solutions

We've all been there. The bus is late and then three come all bunched together. Internally, we scream: "Why can't they just keep to the schedule?" As it turns out, bus bunching is an incredibly complicated problem that transit agencies around the world spend millions to solve.

There are no easy answers, but here are some promising projects:

STRAIGHT TALK

Chicago spent $9 million to upgrade the technology linking drivers to the transit control centre. The city's 1,800 buses were already equipped with GPS to track location and progress, but now the drivers could speak directly to the command centre if they spotted any issues that would throw a wrench in service.

Outcome: In the first three months of the trial, there was a 40 per cent reduction in big gaps.

ANALYZE THAT

Miami teamed up with IBM to crunch real-time data in the hopes of spotting bottlenecks and other issues. The system tackled nearly 20,000 bus runs on four major routes, looking at bus paths, speed and stops to assess the accuracy of schedules and bunching alerts.

Outcome: The system predicted bunches up to 60 minutes ahead of the problem, so buses could be redirected accordingly.

OLD PROS

Toronto's transit agency deployed some of its spare fleet to relieve pressure on two of its busiest routes, the 29 Dufferin and 512 St. Clair. In addition, the schedule was tweaked to reflect the true time of the cross-town trips, and it hired supervisors to expedite departures from the terminal.

Outcome: Short-turns on the Dufferin bus went from 300 per week to 30 or 40. St. Clair went from about 450/week to fewer than 10.

TOSS THE TIMER

Researchers at Georgia Tech told bus drivers to abandon their schedules and just drive with the flow of traffic. In the experiment, buses got back on track by waiting at selected stops or "control points" based on calculations made once the bus arrived there.

Outcome: Gaps self-corrected and the schedule balanced without need for complex intervention. Drivers added it allowed them to focus on driving.

UNSERVICE

Some researchers have toyed with telling passengers they can't board, even when it's not full, in order to pull away from the stop quicker. Their research papers look like chalkboards in A Beautiful Mind. But try telling someone that they can't board a half-empty bus in -40 C because of math.

Outcome: Metro could not find a city that has widely implemented this policy. Instead, all-door boarding offers similar benefits.

PUBLIC WORKS
The week in urbanism

THE MOUTHS OF BABES

A Vancouver park has been renamed Slidey Slides Park after the city opened a naming competition to children. The kids visit the park daily from their daycare centre next door. The winning name beat out tough competition, like Little More Donkeys and Running Star. Submissions were made during story time.

AIRBN-FEE

While some cities grapple with Airbnb, Chicago is harnessing its power. The city charges homeowners using the service a 4 per cent tax , and is putting $1 million raised in the process to help house 100 homeless families.

CITY CHAMP Metro's city builder of the week

Maayan Ziv is a Toronto-based photographer and the founder of the Access Now app, which crowd-sources accessible restaurants, hotels, shops and more in cities across the world. **@maayanziv**

metro Your essential daily news

CHIEF OPERATING OFFICER, PRINT **Sandy MacLeod**
VICE PRESIDENT & EDITOR **Cathrin Bradbury**
EXECUTIVE VICE PRESIDENT, REGIONAL SALES **Steve Shrout**
MANAGING EDITOR VANCOUVER **Jeff Hodson**
ADVERTISER INQUIRIES adinfovancouver@metronews.ca **General phone** 604-602-1002

ARM YOURSELF
FOR WHAT'S COMING
THE JOB MARKET IS CHANGING.
WE CAN HELP.

ASSESS your strengths
LEARN new skills
TAKE advantage of work perks

Manpower | 817 West Hastings, Vancouver • T: +1 604-682-1651 | www.manpower.ca

LIFE
Your essential daily news

The heart is a lonely camper

RELATIONSHIPS

Workshops and getaways are helping the heartbroken

Megan Haynes
life@metronews.c

When her two-year relationship abruptly ended a year ago, Leslie Taylor kept replaying the way things went down in her head. Despite having friends to chat with, she often felt no one understood her pain.

The California-based 33-year-old felt like she'd lost herself in the relationship, which made her feel even more alone.

Depressed and desperate, Taylor was willing to try anything. She hunted online for a getaway to help break the lonely cycle, but found nothing to help her heartbreak.

"I was surprised," says Taylor, who asked her real name not be used out of privacy concerns. "People are breaking up every day — you'd think there'd be a giant market for breakup retreats."

Then she came across Renew, a new two-day bootcamp in upstate New York dedicated to mending broken hearts. Founded by Vancouver native Amy Chan, Renew's first retreat was planned for February 2017. Taylor packed her bags and booked her tickets.

"I was willing to try anything," Taylor says. "The camp was really geared at self-reflection and healing. And it was nice to talk about (my breakup) with people focused on helping me."

Chan conceived of Renew in late 2015 after a sudden breakup five years ago, which left her feeling lost, depressed and even suicidal at times. "I tried everything from psychics to therapy to yoga. I spent $2,000 on a yoga retreat in Mexico, but it still wasn't enough," she says. "You name it, I did it. But there was nothing dedicated to healing from a breakup."

It took Chan two years and a move from Vancouver to New York City to recover from her failed relationship. Now based in N.Y.C., Chan, a marketing professional, saw an opportunity in this underserved niche and launched Renew as a side-business.

She plans to run retreats four times a year increasing the frequency as popularity grows.

Hosted at a luxury farm in upstate New York, the tech-free, $1,600 retreat includes nature hikes, meditation, yoga, gourmet meals and one-on-one therapy sessions with a trained psychologist. But the bigger draw might be the group sessions with trained therapists, where participants talk through their failed relationships, analyzing what went wrong, and how to avoid issues in the future.

Renew is now one of a handful of programs that focuses on healing after a split. Others include The Shortcut to Getting Over a Breakup, a four-day Toronto workshop that is spread over the course of a month and costs $200.

The group nature of these retreats is probably the most beneficial aspect of the healing process, says Susan Valentine, a Toronto-based psychotherapist who specializes in relationships.

But she cautions that group retreats, while a useful tool, can mask some underlying issues. First, of course, after the getaway there's a new sense of isolation. Second, people can go into these experiences thinking they'll be healed in two days, when in reality, there is no quick fix to recovering from a split.

"The most helpful thing — beyond getting away — was hearing other people's stories," says Taylor. "There was something about meeting a stranger who has dealt with (the same thing I had) that was incredibly comforting." TORSTAR NEWS SERVICE

I tried everything from psychics to therapy to yoga. But it still wasn't enough.
Amy Chan, Renew

HOW TO MEND

Some helpful ways to mend a broken heart from the bootcamps' founders.

The science
Did you know that when scanned in an MRI, a heartbroken brain looks the same as that of a cocaine addict looking for a fix? It's important to understand what's happening in the brain when you break up because it'll help you be less hard on yourself, says Joana Lopez, a life coach and founder of The Shortcut to Getting Over a Breakup.

Nix the creeping
Stop browsing your ex-partner's Instagram, says Renew's Amy Chan. "It's not loving to yourself when you're stalking your ex," she says. "You know the outcome of it is you're going to feel bad. But you do it anyways because you're addicted." Find a new habit, like taking a walk or reading a book.

Get active
Find a workout buddy, says psychotherapist Susan Valentine. Beyond releasing endorphins, working out is a good way of breaking out of the wallowing pattern people tend to fall into when getting over love.

LEARNING CURVE

A vital career shaping early development

CONTRIBUTED

Do you love children? Do you want to help children learn and grow in a safe and stimulating environment? Do you want to be an inspiration and role model, instilling positive values in future generations during the most formative years of their lives?

As an Early Childhood Educator (ECE), you will be supporting young children's early learning and development by providing rich experiences in the areas of: well-being, belonging, exploration, creativity, language, literacies, social responsibility and diversity. At Stenberg College, we believe that children learn through play and that they must be free to choose what they want to do in an environment that is safe and stimulating.

When early childhood educators support play in a warm and nurturing manner, children's development is enhanced in all aspects. Stenberg College is committed to developmentally appropriate practices, and culturally sensitive and inclusive childcare.

This profession is perfect for stay-at-home parents, young adults looking to start their first career, and for individuals looking to start a business from their own home. Stenberg College grad Natalie Castro enrolled in the ECE program after numerous years working in retail, and grew, both personally and professionally. "The program allowed me to be a better person. I learned a lot about myself, as a person and a parent. I learned to be patient with others. The program really enhanced my knowledge and opened my eyes to the variety of educational techniques that exist for infants and toddlers."

Not only is this career flexible and rewarding, but it is also in high demand. Over 98 per cent of Stenberg's Early Childhood Education graduates find employment as ECE's within six months of program completion, while some even start their own daycare businesses. In as little as 46 weeks including an eight-week practicum, you could realize your passion and start your new career.

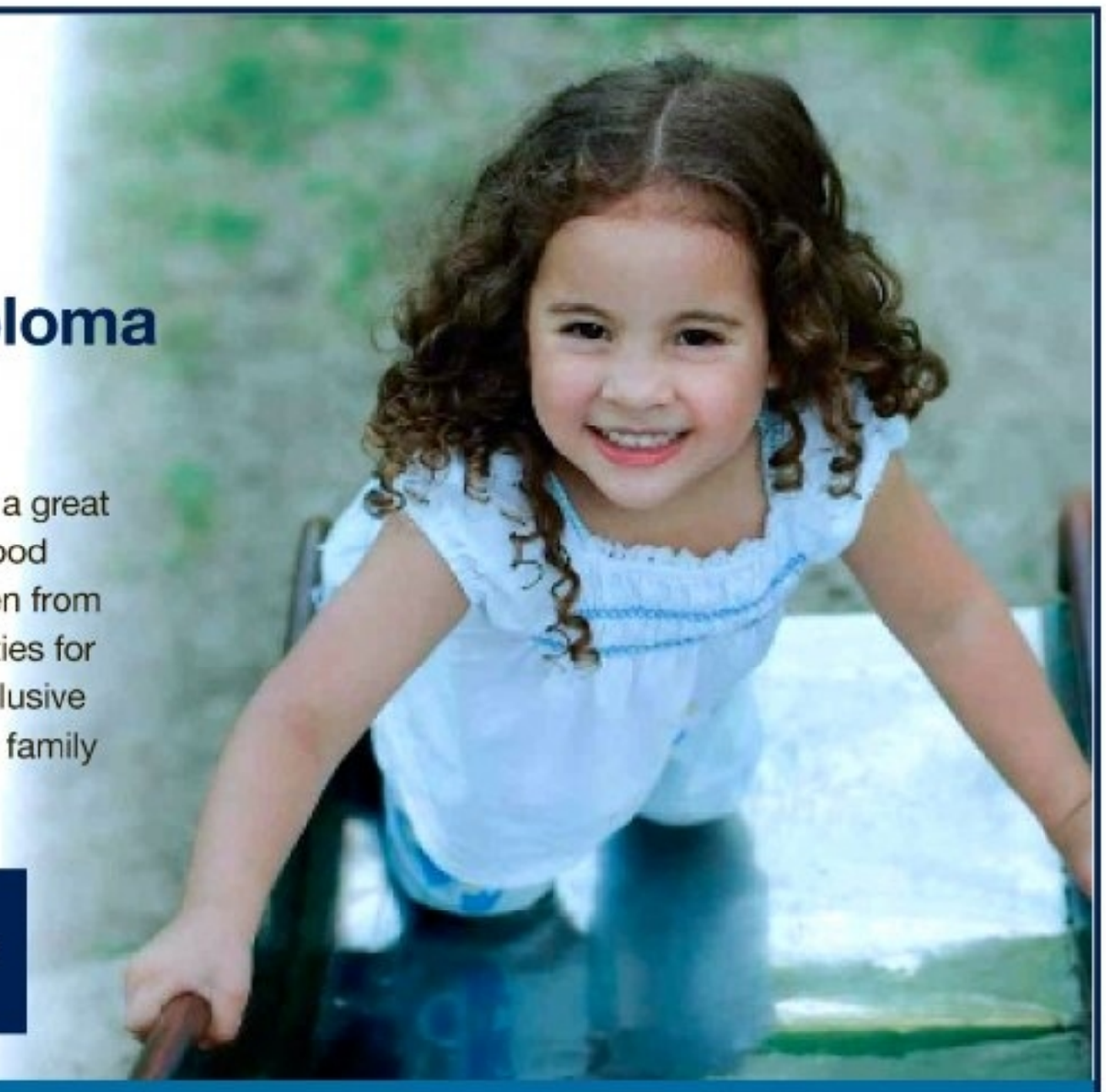
For those who wish to take their ECE training further, Stenberg offers a 28-week Post-Basic dual diploma, qualifying grads to care for infants, toddlers, and children with special needs. The Post-Basic diploma program is aimed at working ECEs and is offered in an online-based format to allow for maximum flexibility.

EARLY CHILDHOOD EDUCATOR (ECE)

Basic Certificate and Post Basic Diploma

(Infant Toddler & Special Needs)

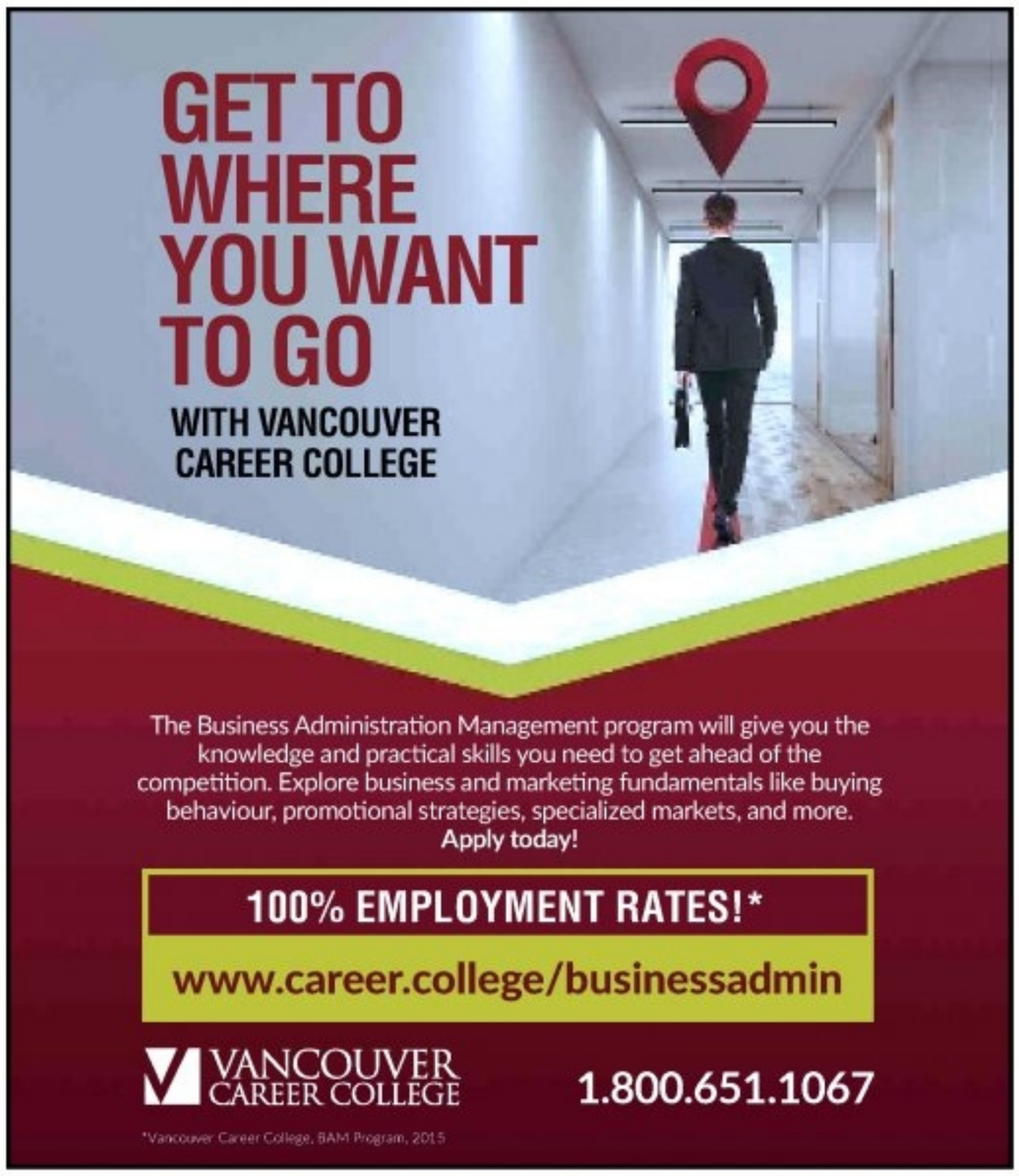
Early Childhood Education is an extremely rewarding profession. There is a great demand across British Columbia for qualified and dedicated Early Childhood Educators (ECEs) that can provide superior care and education for children from birth to school age. As an Early Childhood Educator, you'll find opportunities for employment in childcare centres, preschools, private nursery schools, inclusive childcare preschools, before & after school care centres, group daycares, family daycares and child minding services.



Stenberg offers a 28-week Post-Basic Infant Toddler & Special Needs Program to those who have already completed an ECE Basic program. Offered online, it is an ideal choice for individuals who may be balancing other responsibilities such as work and/or family.

STENBERG COLLEGE 604-580-2772 · stenbergcollege.com

Over 92% of our grads are employed in their field of study within 6 months of graduation.


GET TO WHERE YOU WANT TO GO
WITH VANCOUVER CAREER COLLEGE
The Business Administration Management program will give you the knowledge and practical skills you need to get ahead of the competition. Explore business and marketing fundamentals like buying behaviour, promotional strategies, specialized markets, and more.
Apply today!
100% EMPLOYMENT RATES!*
www.career.college/businessadmin
VANCOUVER CAREER COLLEGE
1.800.651.1067
*Vancouver Career College, BAM Program, 2015

BOOST YOUR BUSINESS SKILLS AND SALARY

ISTOCK

If you're looking for one missing piece of education that will help you take on a range of roles in any workplace, consider getting an education in business administration management.

It's an in-demand, versatile career. An office manager in British Columbia earns a median wage of $23 per hour, according to jobbank.gc.ca.

This versatile education will help you gain an in-demand skill set and help prepare you for a variety of settings.

You may be providing informed administrative work or business management for a larger company as an office manager, inventory controller, marketing assistant, bookkeeping assistant, customer service representative, and more.

Or you may be working in business administration with a smaller company, applying your insights to help that business grow.

Many people who are looking to become entrepreneurs flourish once they get the knowledge and skills from the right business administration management program. With the right diploma, you can learn many of the nuts and bolts you'll need to run your own business.

If this sounds like the right career for you, start by getting the right education. The Business Administration Management program at Vancouver Career College will give you the industry-standard knowledge and skills you need to boost your employability in many different fields of business.

Find out more about the program at career.college/businessadmin, or call 1-800-651-1067.

CONTRIBUTED

NYIT experiences growth as new programs added

When the New York Institute of Technology (NYIT) established its Vancouver campus, it offered one program.

Ten years later, it facilitates five and is experiencing a period of growth, says the campus dean and executive director.

"We are really consolidating our role in providing students an applied education in the technology field," says Irene Young.

"We want to ensure that if you are looking to gain in-demand knowledge and skills, you look to us. And if you are an employer looking for grads with applied knowledge, you do the same."

Students have, in fact, been looking to NYIT, says Young. Since fall 2016, the student body has grown from 165 NYIT Vancouver learners to 238.

The campus expects to exceed 300 students by fall 2017, which, says Young, means the need for more space to accommodate the demand.

"We have been at 701 West Georgia since we opened," she says. "And we love this location for its convenience and that it is on the subway line, so we are definitely staying here but are currently looking for another satellite location. It is a good problem to have."

In addition to physical expansion, NYIT Vancouver is in the market research phase of adding two new masters to its roster: Computer Sciences and Electrical and Computer Engineering. Young says the decision to consider offering these specific programs was in response to the needs of the local workforce.

Fights crime.
Code is her weapon.

New York Institute of Technology,
Vancouver Campus

nyit.edu/vancouver

NYIT

CREATING A SENSE OF COMMUNITY AND PRIDE

At Native Education College (NEC), a wide range of activities facilitated by the school's student services is helping to not only eliminate the multitude of barriers that confront Indigenous learners but also to create a sense of community and pride that can be transformational, says one expert.

"We help students discover their identity," says Tammy Harkey, dean of student services at NEC. "A high percentage of students are disconnected from the culture so they are looking to reconnect and we offer a broad scope of ways to do that."

Among NEC's student services are resources and a host of activities that range from cultural traditions such as button blanket making and smudging ceremony to peer mentorship and student council.

"No matter the activity, the demand for Elder time is incredible," says Harkey. "Just to have Elders present for storytelling or facilitating lessons of roles and responsibilities of Indigenous people makes a huge impact on our students."

Another popular student service, says Harkey, is the Wellness Warriors — NEC's sports programs and activities. Students can participate in numerous wellness events throughout the year, including Vancouver's Annual Sun Run and the Dragon Boat Festival, as well as activities such as yoga, soccer, swimming and basketball.

It is the latter that will be in the spotlight when NEC teams up with Simon Fraser University (SFU) to host the Native Basketball Tournament — with 32 teams from across Canada competing in various brackets such as co-ed and the master's division — on the weekend of May 20 at SFU's Burnaby Campus.

"The tournament is important for many reasons but it is especially about the youth and identifying and building bridges for youth who are great athletes but may not see themselves as academic beings," says Harkey. "That's why at the tournament we'll offer a free youth basketball clinic.

"It is about honouring what they are already doing and providing spaces for them to connect with healthy environments, mentors and role models. It is about belonging."

CONTRIBUTED

The free-to-attend tournament will also include cultural exhibitions while bringing together Aboriginal and non-Aboriginal players, Elders, performers, vendors, volunteers and community members.

APPLY TO NEC FOR CERTIFICATE & DIPLOMA PROGRAMS

SUMMER PROGRAMS
- **Palliative Care,** June 12-16
- **Mental Health,** June 26-30
- **Acute Care,** July 17-August 31

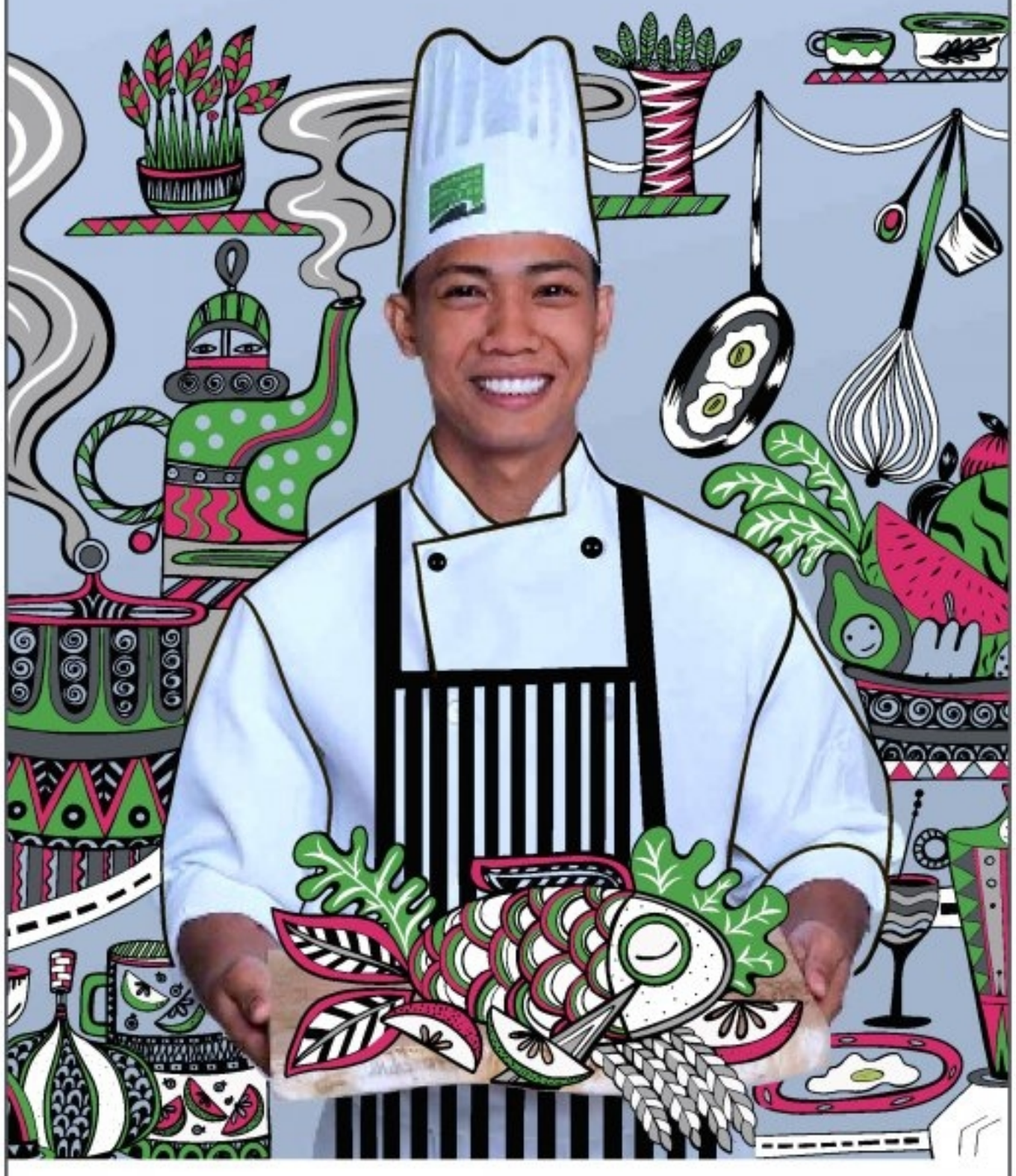
FALL PROGRAMS
- **Aboriginal Adult Basic Education**
- **Aboriginal Early Childhood Educator**
- **Aboriginal Justice Studies**
- **Aboriginal Tourism Operations**
- **Aboriginal Youth Care**
- **Family and Community Counselling**
- **Health Care Assistant**
- **Northwest Coast Jewellery Arts**
- **Office Administration**
- **Pathways to Health Careers**

WHY CHOOSE NEC?
- Elder Support
- Cultural Activities
- Peer Mentoring
- Small Class Sizes

REGISTER TODAY!
604.873.3772 ext. **328**
admissions@necvancouver.org
www.necvancouver.org

Native Education College
Since 1967

MAKE
YOUR MARK



Jefferson has the skills of a chef and the mind of a scientist, and he may just reinvent food as we know it.

VANCOUVER COMMUNITY COLLEGE

Register at vcc.ca

CONTRIBUTED

An innovative way to learn much needed English skills

Vancouver Community College's ESL pathways program offers an innovative way to learn the English skills to work, study and participate in everyday life in Canada.

Now, its inventive approach has been recognized on a national scale as Colleges and Institutes Canada selected the program as its 2016-17 gold recipient of the CICan Program Excellence Award.

"It acknowledges a lot of hard work and what we find so gratifying is that the creation of the curriculum involved eight B.C. institutions," says Tanis Sawkins, associate director of VCC's partnership development office, of the award that recognizes an innovative, portable, sustainable and effective program. "We started implementing it two years ago and there are many things that make it unique."

Created with provincial government funding and in collaboration with schools such as Douglas College and Thompson Rivers University, the program, Sawkins says, is offered at various levels that take about 12 weeks each to complete and would be considered intermediate.

Program placement is based on the results of the Canadian Language Benchmarks test or the results learners achieved in the language instruction for newcomers to Canada (LINC) program.

"LINC is for permanent residents or Convention Refugees, so if someone becomes a Canadian citizen, they are not eligible for it," explains Sawkins. "That sometimes creates a gap, which our program is filling. But we also recognize that previous learning."

VCC's offering employs interactive elements as well as a "flipped classroom" model that has students view videos or other materials online in their own time to allow for more intense discussions during class time that include topics such as diversity, Truth and Reconciliation and inclusion.

"We are really looking at issues new Canadians will encounter in daily life in Canada while focusing on listening, speaking, reading and writing skills," says Sawkins.

Another innovative aspect of the program, says Sawkins, is its use of the Portfolio Based Learning Assessment (PBLA) model, which supports an integrated design whereby student needs and a needs assessment cycle are embedded into ongoing assessment.

"We found that high-level ESL learners want feedback because it helps with the learning process," she says. "PBLA allows for that."

CHANGE YOUR LIFE AND THE LIVES OF OTHERS

Are you a compassionate individual who wants to support and empower individuals who may need a little extra help? Do you get great satisfaction from seeing others succeed? Do you want a career where you can truly make a difference in the lives of others?

As an education assistant, you will assist elementary and secondary school teachers to work with students who may require additional support for academic, ESL, behavioral or special needs. Stenberg College grad Kerry Ogilvy was hired three days after her education assistant program ended and is thrilled with her new career.

"I look forward each and every day to making a difference in the life of a child who needs a little extra help at school. Seeing the little moments of triumph when a child understands something for the first time or meets a goal, that's the best feeling in the world."

Not only is this career incredibly rewarding, but there is also a significant and growing demand for education assistants in most school districts. In the last five years, the need for educated and qualified education assistants has steadily increased, and wages reflect this demand, ranging from $22.62 – $27.44 per hour depending on the school district.

One of Stenberg College's goals is to have the best prepared grads and, to that end, their students receive training and certification from the Provincial Outreach Program for Autism and Related Disorders (POPARD). Human Resource departments from multiple school districts in B.C. and Alberta have confirmed that applicants with training in Autism Spectrum Disorder and Applied Behaviour Analysis are favoured for hiring.

As a result of the exceptional training, Stenberg College Education Assistant grads have an excellent reputation with school districts. In fact, over 95 per cent of Stenberg's EA grads find employment within six months (or less) of program completion.

With classes offered both in-class and online, this program is offered throughout B.C. and Alberta. Stenberg's online program is delivered in a combined delivery format: guided online learning combined with site-based elements for orientation, skills-based instruction and work experience placements.

CONTRIBUTED

Make a difference as an
EDUCATION ASSISTANT

As an Education Assistant you'll assist elementary and secondary school teachers as they work with students who may require additional support for academic, ESL, behavioural and special needs.

- **Become an Education Assistant in just 40 weeks** including 8 week practicum.
- Earn up to **$27.44/hour** to start.
- Training & Certification from the Provincial Outreach Program for Autism and Related Disorders (POPARD) including Introduction to Autism Spectrum Disorders & Introduction to Applied Behaviour Analysis.

Our Education Assistant program is available IN-CLASS or ONLINE.
Our "online" programs are delivered in a combined delivery format:
Guided online learning combined with site-based elements for orientation, lab/skills-based instruction and work experience placements.

STENBERG COLLEGE 604-580-2772 · stenbergcollege.com

Over 92% of our grads are employed in their field of study within 6 months of graduation.

ASK ABOUT OUR EVENING CLASSES!
CDI am a social service worker
11,730 JOB OPENINGS EXPECTED BETWEEN 2015 – 2025*
Choose the Social Services Worker program at CDI College for hands-on training in case file management and report writing, working with families, diversity and social justice, psychology, and more!
Apply today!
CDI college
business · technology · healthcare
1.800.675.4392
SOCIALSERVICES.CDICOLLEGE.CA
Financial assistance may be available to qualified applicants. | *jobbank.gc.ca

How to become a social services worker

ISTOCK

Social services workers play an incredibly important role in our society. When you have no one else to turn to, they're the people who will provide support and resources.

If you're looking to start on a meaningful career path where you can provide one-on-one help that will change your clients' lives, consider becoming a social services worker.

You'll help those in need find help, and connect with services, whether they're dealing with mental health, addiction, trauma or another personal or family issues.

There are many different places you can find positions as a social services worker. You may decide to provide support at a correctional facility, an addiction rehabilitation centre, a school program or a family social services agency, to name a few dynamic workplaces.

Wherever you go, you'll bring an important set of skills to your work, including addiction relapse prevention, cross-cultural counselling, conflict resolution, interviewing skills and more.

There are many different areas you can specialize in, too.

The CDI College Social Services Worker programs allow you to tailor your training to serve different at-risk groups including, youth and those affected by addiction.

Plus, the programs at CDI College include courses that cover CPR training, first aid, Non-Violent Crisis Intervention (NVCI) training, and Applied Suicide Intervention Skills Training (ASIST), so you can increase your employability, and improve your ability to help your clients.

If this sounds like the right career for you, find out more online at socialservices.cdicollege.ca, or call 1-800-360-7186.

GET YOUR HANDS DIRTY AT THE AUTOMOTIVE TRAINING CENTRE

CONTRIBUTED

With the belief that the best way to learn a trade is by getting your hands dirty, the Automotive Training Centre (ATC) facilitates foundational knowledge programs during which students spend 70 per cent of their time in the shop, says the director of the institution's Surrey, B.C. location.

"Since we were established in 1984, we have seen that applying theory right into shops that mimic real world shops is most effective," says Zyg Strecha. "So, our shops are populated with repair cars to be worked on, taken apart and put back together as well as specialty tools, equipment and engine components. We also repair students' cars if they have a problem that fits into what students are learning."

ATC boasts four locations across Canada and offers a variety of programs, including its mainstay foundational automotive service technician and refinishing prep and auto body technician programs.

These 43-week-long offerings include a six-week job practicum and many students, says Strecha, are hired during their practicum. However, ATC also provides grads with employment assistance should they need it.

"Students are exposed to the industry during their time in the program through guest speakers but the real interaction happens during the practicum," he says. "There is a continued shortage of service and body technicians, and our grads are so well prepared that 90 per cent are working within three months of graduation."

For more information about ATC, visit autotrainingcentre.com.

INNOVATIVE ACCOUNTING PROGRAM TAKES STUDENTS TO THE NEXT LEVEL

Offers flexibility to learn while working full-time

There are always jobs in accounting, yet many accountants in entry-level positions find themselves stuck in a rut. They lack the education or experience to get the better, higher-paying accounting jobs that employers are looking to fill. Now an innovative program is providing the push needed for career advancement.

The Advanced Certificate in Accounting and Finance (ACAF), offered by the Chartered Professional Accountants of Canada, is a nationally recognized certificate that helps students acquire the job-ready skills that employers demand. As certificate holders, graduates qualify for junior and intermediate-level accounting jobs in a variety of industries including business, not-for-profit and government.

The program allows students to grow professionally and academically, according to Bryan Johnson, a current student of the ACAF program, and a staff accountant at accounting firm KPMG, specializing in audits.

"For me, the ACAF was a doorway to get professional work experience as well as continue my studies," he explains. "My philosophy of learning is to always be in an environment where I am continually being challenged and stretched to my full potential."

ACAF is the most accessible and flexible intermediate accounting certificate program in Canada, allowing students to study at their own pace. For Johnson, who works full-time in addition to his studies, that means studying on evenings and weekends. The courses are all available online, so he can complete them from home, on his own schedule.

"The flexibility is what makes this program possible for me," says Johnson.

Students who have accounting education from another educational institution can apply it toward their ACAF certificate.

The ability to transfer credits easily is helping Johnson work toward his certification as efficiently as possible.

"I had courses that transferred from my diploma at Camosun College, and I can take online courses that fit my busy schedule," he explains.

The ACAF program's elective modules allow students to choose areas to specialize in, including taxation, audit, not-for-profit or public sector. Throughout the program, students build their technical accounting skills, experience with industry specific accounting software, and essential skills including communications, problem-solving, teamwork and ethics.

Students leave the program as technically proficient, mid-tier accountants, with honed abilities and experience in the field that interests them most, so they're ready to hit the ground running.

"I would recommend the ACAF program for anyone that is interested in jump-starting their career while developing their technical skills," Johnson says.

Visit bccpa.ca/acaf to learn more.

BRYAN JOHNSON, CURRENT STUDENT OF THE ACAF PROGRAM. CONTRIBUTED

Make the numbers work for you. Improve your odds of getting hired.

The Advanced Certificate in Accounting and Finance (ACAF) gives you the competitive edge to advance your career in technical accounting or finance. Developed by CPA Canada, ACAF delivers the technical and workplace skills demanded by top employers in Canada.

Visit **bccpa.ca/acaf** to enroll.

CPA CHARTERED PROFESSIONAL ACCOUNTANTS

Advanced Certificate in Accounting and Finance

metro SPORTS
Your essential daily news

IN BRIEF

Lowry confirms he'll opt out
Toronto Raptors point guard Kyle Lowry will opt out of the final year of his contract and become a free agent, and a lucrative deal beckons. But less than 24 hours after the Raptors' season ended in a four-game sweep by Cleveland, Lowry gave no hints about his intentions.

"Honestly man, I want to just get better, I want to have fun, I want to win a ring. I want to make sure my family is happy," said Lowry.
THE CANADIAN PRESS

Jays beat Edwin and Tribe
Edwin Encarnacion felt the love before the game. Kevin Pillar had all talking after it.

Pillar added to his growing list of all-world defensive plays with an eye-popping diving catch in deep centre field on Monday night. The play likely saved a couple of runs and the Blue Jays went on to spoil Encarnacion's return to Toronto in a 4-2 victory over the Cleveland Indians.
THE CANADIAN PRESS

Warriors sweep aside Jazz
Stephen Curry scored 30 points and the Golden State Warriors completed a second-round sweep of the Utah Jazz with a 121-95 victory Monday night.

The defending Western Conference champions have won both their series in four games and await the winner of the Rockets-Spurs series that is tied at 2-2.
THE ASSOCIATED PRESS

Timeline for Las Vegas Raiders' stadium released
A preliminary timeline for the proposed stadium that would be home to the Raiders in Las Vegas shows construction would be finished only three months before the 2020 regular season begins.

The draft of the timeline shows construction on the proposed 65,000-seat stadium would begin in January and last 30 months.
THE ASSOCIATED PRESS

Caps win to earn Game 7

2017 NHL PLAYOFFS
SERIES TIED 3-3

Crosby banged up again as series shifts to D.C. for finale

Penguins' Sidney Crosby and Caps' Matt Niskanen collide.
THE ASSOCIATED PRESS

Andre Burakovsky scored twice, Nicklas Backstrom got his sixth of the playoffs and the Washington Capitals beat the Pittsburgh Penguins 5-2 on Monday night to force a Game 7 in their taut Eastern Conference semifinal.

John Carlson and T.J. Oshie also scored for the Capitals. Braden Holtby stopped 16 to send the series back to Washington for the deciding game on Wednesday night.

GAME 6 in Pittsburgh

5	2

Jake Guentzel picked up his playoff-leading ninth goal and Evgeni Malkin added another 52 seconds later late in the third period to make the score look cosmetically better, but the Penguins were never in it. The Capitals controlled play throughout. Marc-Andre Fleury finished with 21 saves and received little help in front him.

Sidney Crosby was a non-factor for a second straight game after sitting out Game 4 with a concussion. The Pittsburgh superstar took a nasty spill in the first period when he was slammed into the end boards head-first while he tangled with Carlson. He remained in the game but found little room to work. THE ASSOCIATED PRESS

TENNIS

Bouchard ousts Sharapova in Spain

Eugenie Bouchard
GETTY IMAGES

Motivated more than usual, Eugenie Bouchard used her game to send a message to Maria Sharapova by defeating the Russian 7-5, 2-6, 6-4 in a thrilling second-round match at the Madrid Open on Monday.

Bouchard, one of the most outspoken players against Sharapova's return to tennis following a doping ban, jumped up and down after converting her second match point.

It was their first meeting since Bouchard called Sharapova a cheater and said she should have been banned for life from the sport after testing positive for meldonium at last year's Australian Open.

"I had some extra motivation today," Bouchard said. "I was quite inspired before the match because I had a lot of players coming up to me wishing me good luck. It showed me that most people have my opinion."
THE ASSOCIATED PRESS

NEW natural ingredient produces 34% more hair in 8 months!

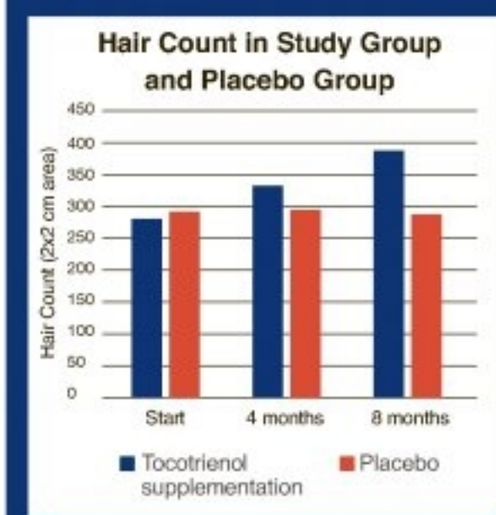
Hair Gro
Nourishes the hair and supports hair growth
Nourrit les cheveux et soutient la croissance capillaire
60 capsules

It is known that supplements can increase hair health and volume to some degree, but to find a supplement that can increase hair growth strongly is rare. Still, this is what scientist are finding when studying palm oil extracts.

A recent study was done at the University of Malaysia with 38 people suffering from hair loss (alopecia)*. They were told to take a palm oil extract containing a special ratio of "super-antioxidants" called tocotrienols, known to lower oxidation in the scalp and thus allow for better – and new - hair growth. The results were surprisingly good!

STUDY RESULT:

Researchers studied an area of the scalp equal to 2x2 cm and counted the hairs at the beginning of the study, at 4 months and at 8 months. At the end of the study, the participants on the tocotrienol supplement had gained 34.5% more hair or an increase in average hair count from 285 to 383 hairs. Most of the group showed increases of 10-25%, but 40% of the group had more than 50% increase in hair growth. And only one person did not have any results.



In Canada, this complex of tocotrienols is now available in the Health Canada licensed product called Hair Gro™ from New Nordic. Hair Gro is available now at participating pharmacies and health food stores. For more information or to purchase directly, please visit our website or call: 1-877-696-6734.

ONLINE SHOP
newnordic.ca

SHOPPERS DRUG MART · Walmart · Loblaws · Superstore · Extra Foods · Zehrs Markets · GNC Live Well · amazon.ca

*Tropical Life Sciences Research 2010 "Effects of Tocotrienol Supplementation on Hair Growth in Human Volunteers" Beoy, Woei et Hay, University Sains Malaysia. To make sure this product is right for you, always read the label and follow the instructions.

MAKE IT TONIGHT

Zesty Grilled Corn and Green Bean Salad

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This year-round salad is a satisfying reminder of summer flavors with generous bites of sweet corn.

Ready in 30 minutes
Prep time: 10 minutes
Cook time: 20 minutes
Serves: 4

Ingredients
- 1/4 cup extra virgin olive oil
- 3 tablespoons rice wine vinegar
- salt and pepper
- 4 ears of sweet corn, grilled or 2 cups frozen corn, cooked
- 1 pound green beans, blanched and cooled
- 1 red pepper, diced
- 1/2 red onion, thinly sliced
- 1/4 cup feta cheese

Directions

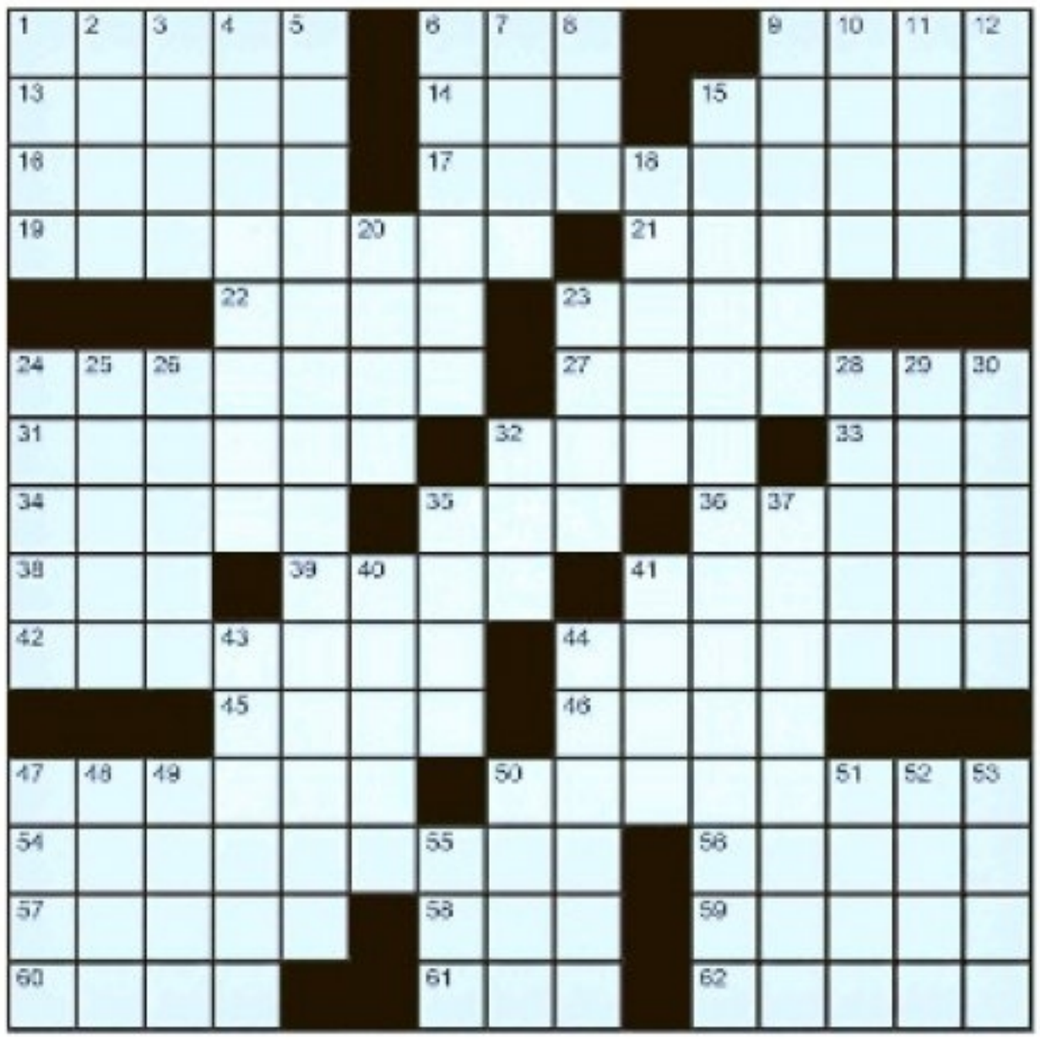
1. Prepare vinaigrette by whisking together oil and vinegar with salt and pepper. Set aside.

2. Cut corn kernels from cob and chill. In the meantime, put beans, red onion, red pepper and feta in a large bowl. Add corn and then drizzle with vinaigrette and toss. Sprinkle top with feta and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Discard
6. Fortify
9. Lettuce variety
13. Actor Peter O'Who?
14. Romance
15. Free: French
16. Buzzing
17. "So sorry."
19. Friend to Melba Toast: 2 wds.
21. Commencement
22. Egyptian river
23. Triad
24. Wagon train, for example
27. Book a table
31. Mazda models
32. Pedestal
33. __-en-Provence, France
34. Bay window
35. Limo passenger
36. Nero's 1951
38. Canadian cap.
39. "Downton Abbey" job
41. Dr. William __ (Noted footcare specialist, b.1882 - d.1968)
42. "Zippo.": 3 wds.
44. BC-brewed beer
45. Sweet'__ (Sugar substitute)
46. Mideast chieftain
47. Baroque composer Mr. Albinoni
50. Tom Cochrane's Manitoba birthplace: 2 wds.
54. The Who's Tommy: 2 wds.
56. Negatives, in Hamburg
57. Composer Irving Berlin's writer wife
58. Just dandy
59. "And now, the __ __..." - Paul Anka, "My Way"
60. Hamilton-born ballet great Karen
61. Clinic pros
62. "Say __ __ the Dress"

DOWN
1. Hollywood headliner
2. Mozart opera, __ Fan Tutte
3. Campus mil. program
4. Extraterrestrially estrange
5. Honoured Member of Canada's Sports Hall of Fame killed in WWI in France at the age of 36. The Alouettes' home field is named in his honour: 2 wds.
6. Respond to the alarm clock
7. Anchor's attachment
8. Cow's call
9. Human's hallux: 2 wds.
10. Wading bird
11. Marcia's "Desperate Housewives" character
12. Greatest
15. Member of Canadian women's rights group The Famous Five: 2 wds.
18. Knowledgeable traditions
20. "Such a shame."
23. Pitfall
24. Wings hit: letter + wd.
25. __-__-surface missile
26. "Thing Called Love" singer Bonnie
28. 1925: Ben-Hur silent film portrayer Mr. Novarro (b.1899 - d.1968)
29. Montreal's Place __ Marie
30. Deport
32. Auction action
35. Opinion
37. Princess __ (Prince Albert of Monaco's wife)
40. Mr. Desai of "American Idol" Season 8 in 2009
41. 'Sleep'-meaning prefix
43. Vancouver-born actor Hayden Christensen's 'Star Wars' flicks role, __ Skywalker
44. Inuit crafts
47. Long journey
48. Dancer in "Return of the Jedi" (1983)
49. 1151 in ancient Rome
50. Scientology founder, _. __ Hubbard
51. Assists
52. Produce a pullover
53. 'Happy Motoring!' sloganeer
55. __-nose-throat doctor

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today you can see new ways to make money. You might even see new uses for things you own, because you're in a resourceful frame of mind.

Taurus April 21 - May 21
Take a realistic look in the mirror to see what you can do to improve your appearance, because you can do this today. You might even see ways to improve your health.

Gemini May 22 - June 21
Any research you do will get results today, because you have the ability to see the subtext of things. Nothing will escape your X-ray vision.

Cancer June 22 - July 23
You might attract someone powerful today. This person might influence you to change your future goals. Possibly, you will influence someone else.

Leo July 24 - Aug. 23
You will have a strong footing in your relationships with parents, bosses and VIPs today. Have confidence in yourself; people will listen to what you have to say.

Virgo Aug. 24 - Sept. 23
You might see a new way of looking at something, particularly when discussing religious, political or racial issues. Your point of view can grow and mature today.

Libra Sept. 24 - Oct. 23
Trust your ability to come up with a better arrangement regarding shared property, inheritances, taxes or debt. You are so resourceful today.

Scorpio Oct. 24 - Nov. 22
Look for ways to improve your closest relationships and partnerships, because this is possible today. You will see ways to make improvements.

Sagittarius Nov. 23 - Dec. 21
Don't hesitate to make suggestions about introducing reform where you work. Likewise, today you might see a way to improve your health.

Capricorn Dec. 22 - Jan. 20
You are in a resourceful frame of mind today. You can apply this to any creative activity, especially involving the arts, music or sports, or even working with children.

Aquarius Jan. 21 - Feb. 19
Look around you and see what you can do to make improvements and repairs where you live. This is a good day to think about how to fix up your digs.

Pisces
Feb. 20 - March 20
Your powers of concentration are excellent today, which is why you can solve problems and see solutions that normally might be hidden from you. with others will be powerful.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	6			5				
1	7	9						8
	4		9	2				
8		6						2
				6				
5						4		3
				3	7		5	
6						8	7	4
				1			3	

©2014 Conceptis Puzzles, Ltd. by King Features Syndicate, Inc.

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

1	5	8	7	2	3	9	4	6
3	4	9	8	5	6	2	7	1
7	2	6	1	9	4	8	3	5
8	1	3	5	4	7	6	2	9
9	7	5	2	6	8	3	1	4
2	6	4	9	3	1	5	8	7
4	9	2	3	1	5	7	6	8
5	8	1	6	7	2	4	9	3
6	3	7	4	8	9	1	5	2

TODAY ONLY!

Tuesday, May 9

IN STORE AND AT THEBAY.COM

FREE ONLINE SHIPPING ON ORDERS OF $99 OR MORE:*

SLIM FIT

Save $345

$179.99

Regular $525

CALVIN KLEIN suits

100% wool. Available in a wide range of patterns and colours and in regular and slim fit.

Plus, 40% off

other suits, suit separates and sport coats by **LAUREN RALPH LAUREN, MICHAEL MICHAEL KORS, TOMMY HILFIGER** and more**

REGULAR FIT

HUDSON'S BAY

No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. Excludes Hudson's Bay Company Collection and Grand Portage. See in store for details. ***FREE SHIPPING:** Receive free standard shipping on a total purchase amount of $99 or more before taxes. Offer is based on merchandise total and does not include taxes or any additional charges. Free standard shipping is applied after discounts and/or promotion code offers. Offer not valid at Hudson's Bay or any other HBC stores. Additional fees apply for Express or Next Day Shipping. Applies to Canadian delivery addresses only. Excludes furniture, canoes, patio furniture, patio accessories, barbecues and mattresses. ****Suits, suit separates and sport coats:** In our men's suit, suit separate and sport coat departments; Exclude Coppley, Ted Baker No Ordinary Joe, John Varvatos Star USA, Michael Kors and items with 99¢ price endings.